

**RESOLUTION #22/23-27
IN SUPPORT OF
MENTAL HEALTH AWARENESS MONTH**

WHEREAS, Mental Health Awareness Month is a time to raise awareness of those living with mental health issues and to help reduce the stigma associated with mental illness; and

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our District and our Nation; and

WHEREAS, prevention, early identification, and early intervention are effective ways to reduce the burden of mental illnesses; and

WHEREAS, with early identification and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and

WHEREAS, improving mental health outcomes and the need for comprehensive, coordinated mental health services for children, youth, and families are priorities for the Conejo Valley Unified School District; and

WHEREAS, each school, government agency, healthcare provider, organization, and resident in our community shares the responsibility of strengthening mental health services and developing and implementing an integrated plan to support student mental health; and

NOW, THEREFORE, BE IT RESOLVED that the Governing Board of the Conejo Valley Unified School District does hereby recognize May 2023 as National Mental Health Awareness Month and encourages students, staff, and parents to increase their awareness and understanding of mental health, the steps our students, staff, and families can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses.



Lisa Evans Powell, DSW, Clerk, Board of Education



Mark W. McLaughlin, Ed.D., Superintendent
and Secretary to the Board